

Nutrition Facts

Product **Fat Free Chocolate Milk**

Serving Size: 1 cup (236mL)

Calories 130 Calories from Fat 0

% Daily Value*

Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	240mg		10%
Carbohydrate	24g		8%
Dietary Fiber	0g		0%
Sugar	22g		
Protein	9g		18%
Vitamin A	10%	Vitamin D	25%
Calcium	25%	Vitamin C	2%
		Iron	2%

* % Daily Values are based on a 2,000 calorie diet

Ingredients: fat free milk, sugar, cocoa (processed with alkali),
with less than 2% of: cornstarch, salt, carrageenan,
vanillin, vitamin A palmitate and vitamin D3 added.