

Nutrition Facts

Product	2% Milk		
Serving Size:	1 cup (236mL)		
Calories	120	Calories from Fat	45
		% Daily Value*	
Total Fat	5g		8%
Saturated Fat	3g		15%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium	125mg		5%
Carbohydrate	11g		4%
Dietary Fiber	0g		
Sugar	11g		
Protein	8g	Vitamin D	25%
Vitamin A	10%	Vitamin C	4%
Calcium	30%	Iron	0%

* % Daily Values are based on a 2,000 calorie diet

Ingredients: 2% REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3 ADDED