

Nutrition Facts

Product **Chocolate Milk**

Serving Size: 1 cup (236mL)

Calories 210 Calories from Fat 70

% Daily Value*

Total Fat	8g		12%
Saturated Fat	5g		25%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium	150mg		6%
Carbohydrate	26g		9%
Dietary Fiber	0g		0%
Sugar	25g		
Protein	8g	Vitamin D	25%
Vitamin A	4%	Vitamin C	4%
Calcium	30%	Iron	2%

* % Daily Values are based on a 2,000 calorie diet

Ingredients: Milk, high fructose corn syrup, sugar, cocoa, (Processed with Alkali), corn starch, salt, carrageenan, vanillin, vitamin D3.